

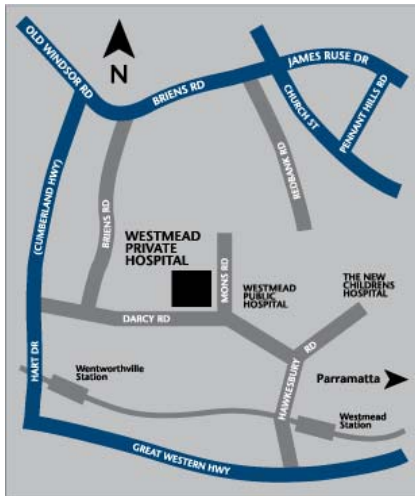
## CONTACTS

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Free parking available on site for these sessions at Westmead Private Hospital.

RSVP to one of the above co-ordinators would be appreciated as there are limited places available.



2010

## BRAIN TUMOUR INFORMATION & SUPPORT GROUP

### Background

People who experience the difficulties associated with having a brain tumour require specialised support and care. The Neuro Oncology Information Network (NOGIN) is a non profit organisation, which aims to provide specific education and support for adults and their families diagnosed with a brain tumour, in the western Sydney region.

The group is co-ordinated by the Clinical Nurse Consultants for Neuroscience and supported by the consultant neurosurgeons from both Westmead Hospital and Westmead Private Hospital. Since the first meeting was held in July 2006, NOGIN has continued to develop and expand, as patients and their families continue to express their need for the service .

The group supports the efforts of a multidisciplinary team, all of whom have a special interest in the many aspects of care and treatment for patients who have been diagnosed with a brain tumour.

NOGIN is registered with the New South Wales Cancer Council . More information and newsletters are available at [www.westmeadprivate.com.au/News](http://www.westmeadprivate.com.au/News)

### Information Sessions

The group meets in the evening, once every second month. Meetings are held in the ground floor conference room at Westmead Private Hospital. All patients, family/caregivers and friends are encouraged to attend.

Education is provided on contemporary issues. There is an array of speakers presenting very useful topics in easy to understand language. Topics include current treatment, research, management of seizures, lifestyle, and emotional/psychological issues. Evaluations completed after each session are reviewed and assist with the planning of ongoing services.

During the informal supper, participants are given the opportunity to chat and meet with others in similar circumstances.

## INFORMATION SESSION DATES 2010

**Westmead Private Hospital  
Conference Room/Board Room (Ground Floor)**  
Light refreshments are provided

**6.30-7pm casual chat and supper  
7pm-9pm presentations**

### **Date, Session and Presenter**

#### **Tuesday 2nd February**

Benefits and demonstration of a seated massage. Participation encouraged.  
Tony Wilson, Registered Oncology Massage Therapist

#### **Tuesday 6th**

#### **April**

1. "Coping Strategies After Diagnosis of a Brain Tumour"  
Diane Whiting, Clinical Psychologist
2. Radiotherapy For Brain Tumours  
Dr. JJ, Radiation Oncologist

#### **Tuesday 1st**

#### **June**

1. Management of seizures and driving.
  2. Headaches and pain
- Dr Mark Dexter, Consultant Neurosurgeon

#### **Thursday 24<sup>th</sup>**

#### **June**

#### **"Carers Only Night"**

Expert Panel discussion

#### **Tuesday 3rd**

#### **August**

1. The Wonders of the Brain - Basic Anatomy
  2. Tumour Recurrence
- Dr Gordon Dandie, Consultant Neurosurgeon

#### **Tuesday 5th**

#### **October**

1. Current Research in the Treatment Of Brain Tumours
  2. What are the Causes of Brain Tumours?
- Dr Brian Oowler, Consultant Neurosurgeon

#### **Tuesday 7th**

#### **December**

TBC

Dr Jacqueline McMaster, Consultant Neurosurgeon

**TBC = To Be Confirmed**

**All sessions subject to change**